

What does it mean to follow the Buddha?

Skills:

- Recognise that Buddhism is an ancient and complex religious system that is not centred on belief in God or Gods.
- Describe who Buddha was and the main events of his life
- Explain why Buddha chose to reject wealth
- Speak about why Buddha is one of the most inspirational and influential religious leaders



Star vocabulary:



Four Noble Truths - the truths to understand suffering (Dukkha, Samudaya, Nirodha, Magga)

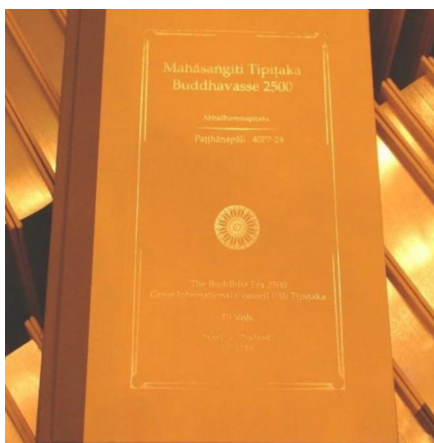
Dhamma – Dhamma (Dharma) is a concept generally known as 'the teachings of the Buddha'.

Tipitaka – collection of ancient Buddhist scriptures that reflect teachings of the Buddha.

Sangha – The Buddhist community. The men and women who follow Buddhism.



The Tipitaka



Must-know knowledge:

- Buddhism is an ancient and complex religious system that does not focus on the belief in God/Gods.
- Buddhism is the fourth-largest religion in the world and it is growing in popularity in the western world.
- Buddha is the principle source of wisdom and his teachings show humans how life should be lived.
- Buddhists believe in Dhamma (or Dharam), which are the teachings of the Buddha.
- The Sangha are religious monks and nuns who have chosen a life that is fully focused on following the Buddha's teachings.