

Prior Learning: In Year 1 children were introduced to some fundamental rugby skills. They learned to hold the ball with two hands and run with the ball. They played some tagging games and were introduced to the tag rugby belts. They also played some adapted invasion games with some fun ways of introducing attacking and defending in tag rugby

Key Skills

Physical Me

- | | |
|--------------|----------------------|
| Throw | Agility |
| Catch | Balance |
| Dodge | Co-ordination |
| Run | Jump |

Thinking Me

- To make decisions e.g. to run or pass, to tag a player.

Value Me:

- Honesty
- Respect

Social Me

- Working together
- Talking to my team



Key Vocabulary

Tagger

Protect

Place

Honesty

Target

Invasion

Zone

Attack

Defend

Key Knowledge

Holding the ball - Hold with two hands
 - Hold the ball at chest height
 - Look forward

Catching- Make a window/target area with your hands for your partner to aim towards

Tagging (in tag rugby) - when you get your opponents tag from their belt call out "tag" and put your hand up in the air.
 Remember to always hand it straight back to them!

Tag Rugby is an Invasion Game...

Attack

- Aim to score a try by getting the ball over the try line/ zone.
- Create space
- Keep possession
- Move into a scoring position

&

Defend

- Try and stop the opposition from scoring (tag them)
- Protect your try line/ zone
- Try and win the ball back