

Year 2—Locomotion

How do you chase and evade?

Golden Threads: Good Health

Key Knowledge

Chasing requires you to track and follow the movements of a partner. You need to react to changes of speed and direction.

Evading is the action of getting away from someone chasing you. You need to change speed and direction to achieve this.

Key Skills

Master basic movements including running, jumping, hopping and skipping as well as developing agility, balance and co-ordination

Get away from a chaser or defender.

Catch or tag an opponent.

Work inside a defined area.

Key vocabulary

run, walk, jump, hop, skip, space, speed, direction, move

Learning Journey

